ONLINE DATING SAFETY TIPS



01



KEEP YOUR PERSONAL INFO PERSONAL

Avoid sharing your last name, school, workplace, home area, or daily routine early on. General details are enough until trust is built.

MOVE SLOW WITH OFF-APP CONNECTIONS

Don’t rush to give out your phone number or social media. Staying on the app at first gives you more control and protection.



02

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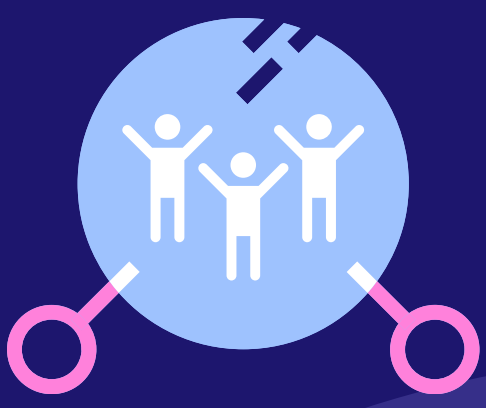
WATCH FOR PRESSURE OR URGENCY

Anyone pushing for fast emotional attachment, secrecy, or immediate meetups is a red flag. Healthy connections don’t rush you.

MEET SMART THE FIRST TIME

Always meet in public, tell someone where you’re going, and have your own way there and back. Trust your gut if something feels off.



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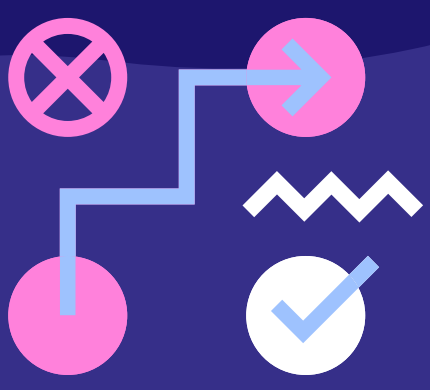

IF IT FEELS WEIRD, IT PROBABLY IS

You don’t owe anyone politeness over safety. Stop responding, block, and report when something crosses a line.